WHO RESPONDED? - families who either moved a senior into assisted living or were actively searching for senior living

**SENIORS PREFER TO AGE AT HOME...**

- 50% of families begin their search with a negative or lukewarm view of assisted living
- 62% of seniors would rather receive care at home if they could no longer live alone
- 70% of families delayed their search for senior living because their loved one didn’t want to move

**however, AFTER A MOVE TO ASSISTED LIVING,** families see positive outcomes for their loved ones and for themselves

**OVERALL QUALITY OF LIFE**

- 73% better
- 73% same
- 24% worse

**NUTRITION**

- 73% better
- 16% same
- 11% worse

**SOCIAL WELL BEING**

- 64% better
- 28% same
- 18% worse

**FOR THE FAMILY MEMBER**

- Stress felt about senior loved one:
  - 64% less stress
- Family member’s quality of life:
  - 58% better
- Relationship with senior loved one:
  - 59% better

For the full study and methodology, go to [http://www.aplaceformom.com/blog/10-06-2016-family-quality-life-study/](http://www.aplaceformom.com/blog/10-06-2016-family-quality-life-study/)